

Keep the heat inside

Read how you can save money by **keeping** the heat in your house and how your reducing your own consumption helps you save money. You can also install **energy-saving measures**, which help you to keep the heat inside. We also like to give **tips**.

Help with payment

Are you having trouble paying the bills? Please contact us at huurzaken@nijestee.nl. You can go to the financial consultation hour of WIJ-Groningen in your neighborhood with questions about this subject.

Saving tips

For more saving tips, visit the site of www.zosimpelalswat.nl. Scan the qr code below or check the site www.nijestee.nl/grip-op-energie.



Water saving shower head

Using a water-saving shower head, you will save € 55 per year.

Shower shorter

Showering 5 minutes every day costs € 219 per year. If you make that 10 minutes? It will cost you € 438 per year. So if you use the shower less long, you can save more than hundred euros per year.

Want to use less gas?

You can switch to electric cooking. Check out our website with tips and information about electric cooking via www.nijestee.nl/electriccooking.

Put the heat down

You can use the thermostat at night, put it 2 to 3 degrees lower than during the day. Your home does not cool down very much but you can save up to € 125 per year.

Thermostat

How high should the thermostat be? Set the thermostat to one the same temperature, preferably between 16 and 19 degrees. A cold house is difficult to get warm again and costs even more (money and gas) to warm up.

Hang your laundry

Do not tumble dry your laundry, but hang it on a line. This can save you € 70 per year.

Draft strips

By installing draft strips, you can save up to € 50 per year.

Are you leaving the house?

Then you can set the heater to 16 degrees. It does take a while for the house to heat up when you come home, but in that way you don't use any heat when you're away.

Close the door

If you keep the doors closed in the house, you will keep the heat in the rooms. This can save you up to € 250 per year.

Radiator foil

By placing foil behind the radiators, you can save up to € 30 per year.

Turn off radiators

Turn off the radiators in the spaces you normally do not use. This can save you up to € 170 per year.