Keep the heat inside

Read how you can save money by keeping te heat in your house and how your reducing your own consumption helps you safe money. You can also install energy-saving measures, which help you to keep the heat inside. We also like to give tips.

Help with payment

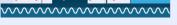
Are you having trouble paying the bills? Please contact us at huurzaken@nijestee.nl. You can go to the financial consultation hour of WIJ-Groningen in your neighborhood with questions about this subject.

Saving tips

For more saving tips, visit the site of www.zosimpelalswat.nl. Scan the gr code below or check the site www.nijestee.nl/grip-op-energie.







shower head Using a water-saving

Water saving

shower head, you will save € 55 per year.

Shower shorter

Showering 5 minutes every daycosts € 219 per year. If you make that 10 minutes? It will cost you € 438 per year. So if you use the shower less long, you can save more than hundred euros per year.

Hang your laundry

Do not tumble dry your laundry, but hang it on a line. This can save you € 70 per year.

Put the heat down

You can use the sthermostat at night, put it 2 to 3 degrees lower then during the day. Your home does not cool down very much but you can safe up to € 125 per year.



Radiator foil

to € 30 per year.

By placing foil behind the

radiators, you can save up

Thermostat

How high should the thermostat be? Set the thermostat to one the same temperature, preferably between 16 and 19 degrees. A cold house is difficult to get warm again and costs even more (money and gas) to warm up.

Turn off radiotors

Turn off the radiators in the spaces you normally do not use. This can save you up to € 170 per year.





e infographic ar icecap of 2022

Want to use less gas?

You can switch to electric cooking. Check out our website with tips and information about electric cooking via www.nijestee.nl/electriccooking.

Draft strips

By installing draft strips, you can save up to € 50 per year.

Are you leaving the house?

Then you can set the heater to 16 degrees. It does take a while for the house to heat up when you come home, but in that way you don't use any heat when you're away.

Close the door

If you keep the doors closed in the house, you will keep the heat in the rooms. This can save you up to € 250 per year.